



# TIP TUESDAY

A weekly guide to help you kick your plastic habits.



## Tip Tuesday - Plastic Free Pups

Since July Clean Ocean Action has increased our collection of plastic-free puppy tips while meeting and greeting [Sandy Paws](#) along the Jersey Shore. We've learned about everything from plastic and [chemical-free tick](#) guards to plastic-free tricks on how to [slow your pups](#) chow time!

After speaking with local pet boutique owner, [Cindy Stiles of the Ocean Grove Pet Boutique](#), check out these PAWsome plastic-free dog tips for this weeks Tip Tuesday!



You could win this Nylabone toy at COA's Sandy Paws event!

of rawhide and plastic toys since they can become a choking hazard. Cindy suggested using moose antlers instead, stating that age and size of the dog does not matter and that the antlers actually help with dental bills!

**Play Time!** Dog toys are commonly made of out plastic but there are many alternatives. Fabric toys and rope knots are a great option for those dogs that love to play tug! Another example are Bumpers which are made from recycled fire hose material. Fill these toys with chews and make them even more fun! Bumpers also float and are made in the USA.

**Pick It Up!** Non-plastic dog poo bags are often known to tear and break easily. [The Original Poop Bag](#), however, is one brand that comes highly recommended and is biodegradable, made from resources such as corn, vegetable oils, and plant starches.

**Chewbacca!** Our resident expert warned us to be weary



**Slow Down!** For overzealous dogs who eat their food too fast try putting a tennis ball or a ceramic stopper in their dog bowl. Dogs have to slow down in order to eat the food around the ball. Don't forget to opt for ceramic, metal, or glass dog bowls!

[Click here for COA's Ten Tips for Pet Owners!](#)

## Sandy Paws?

For additional tips, free giveaways, and dog-gone fun, join us at Clean Ocean Action's **Sandy Paws, dog Walk FUR Clean Water**. The event will be held on Saturday, September 24th at locations across New Jersey.

[Atlantic Vet](#) in Spring Lake Heights and [Rescue Ridge](#) will be on-site to offer more advice during the walk!



[Register today!](#)



Go Plastics-Free and end your plastic habits today!

- 1) [Click here to sign our pledge](#)
- 2) Tell us how you're doing and share your ideas
- 3) Encourage others to take the pledge
- 4) Spread the word via Social Media

Have an idea for a tip?!?

[Contact Lauren:](#)

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