



TIP TUESDAY

A weekly guide to help you
kick your plastic habits.



Double Double Toil & Trouble!

On October 31st use all the tips you've gathered this year to make Halloween as plastic-free as possible! Each year, Americans throw away 100 billion plastic bags. That is 320 bags per person.* Encourage others to reuse plastic bags for trick-or-treating!

*[World Watch](#)



Costume for Couples

Become Inspired

Costumes made from cardboard are recyclable at the end of each holiday. Visit a local wholesale store and ask for large pieces of cardboard. As seen in these photos, playing cards, emojis, and dolls make for great cardboard costumes. You can use eco-friendly paint and even wear your own clothing!



Costume for Families



Costume for Children

Trick or Treat

Use canvas bags or pillow cases instead of a plastic trick or treat bucket. They are reusable, earth-friendly AND hold more candy! Ask your parents to buy cardboard boxed candy instead of individually wrapped plastic candy.



Something Wicked

Pumpkin carving without using plastic **is** possible **and** easy. There are thousands of free stencils and ideas for carving available online. Use tools you already have at home to carve out the pumpkin instead of plastic kits.

Green Halloween

For harvest decorations this year try something organic such as corn stalks, cords, pumpkins, hay barrels, dried flowers, leaves, and autumnal mums.

[COA Staff tricks:](#) For trick or treater's use cardboard boxed candy (if necessary [Terracycle](#) accepts shipments of approved candy wrappers to be recycled).



Go Plastics-Free and end your plastic habits today!

- 1) [Click here to sign our pledge](#)
- 2) Tell us how you're doing and share your ideas
- 3) Encourage others to take the pledge
- 4) Spread the word via Social Media

Have an idea for a tip?!?

[Contact Lauren:](#) communications@cleanoceanaction.org

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